

MULTI HIP / 1SC090



Features

- machine for training adductors, abductors and gluteus
- magnetic pin to select the load
- illustrative chart with qr code

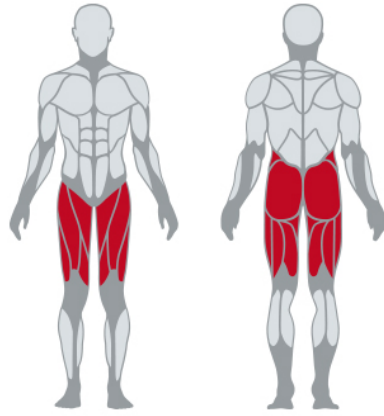
Technical Info

- range of motion: adjustable starting angle
- footrest with height adjustment
- large support handles

Optional

- weight stack with possibility of gradual increase of 2.5 kg (kit cavaliere).

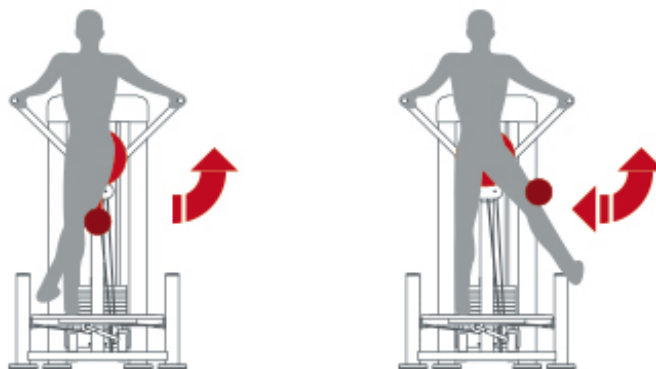
MUSCLES



TECHNICAL SPECIFICATIONS

Width	100 cm
Length	125 cm
Height	160 cm
Weight	140 Kg
Standard Load	50 Kg
Optional Load	80 Kg

TRAINING



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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.