

Rudy Panatta presenta

FENIX

DESIGNED AND **MADE** IN **ITALY**

PANATTA

Worldwide Fitness Company



*no frills
only workout!*





Worldwide Fitness Company



DESIGNED AND **MADE IN ITALY**

Stile e tecnologia alla
portata di tutti.
*Style and technology
suitable for all.*

La pluriennale esperienza Panatta si esprime al massimo nel nuovo cardiofitness Fenix. La purezza del design rinasce nell'essenza della tecnologia: forme pulite, interfaccia semplice e intuitiva con programmi d'allenamento ideali a soddisfare le esigenze di qualsiasi utente. Finalmente con Fenix il vero Made in Italy ad un rapporto qualità/prezzo che solo Panatta può offrire.

The long time experience of Panatta is best expressed with the new cardiofitness Fenix. The design purity revives into the essence of technology: clean shapes, simple and intuitive user interface with training programs suitable to satisfy the needs of every user. At last with Fenix the real Made in Italy with a quality/price ratio that only Panatta can offer.



USER INTERFACE

Programmi di allenamento avanzati in grado di soddisfare qualsiasi tipo di utente
Advanced training programs which satisfy every kind of user



QUICK START

Inizio immediato dell'allenamento.
 Funzione stand-by se attivato durante l'allenamento.
*Immediate start-up of the training.
 Stand-by function when activated during the training.*



MANUAL

Inizio dell'allenamento a seguito dell'inserimento di un target.
Start-up of the training after the selection of a target.



STOP

Per arrestare l'allenamento.
To stop the training.



HRM

Hand sensors e telemetria Polar.
Hand sensors and telemetry Polar.



HEART RATE CHART

Tabella che visualizza il battito cardiaco ottimale suddiviso per fascia d'età e target d'allenamento.
Table that displays the best heart rate subdivided by age-group and target training.



DISPLAY MODE

Per selezionare il gruppo di dati da visualizzare durante l'allenamento.
To select the group of data to display during training.



PROFILI PREIMPOSTATI

6 programmi di allenamento avanzati:
6 advanced training programs:

- 1 **5 min:** permette di fare un allenamento di 5 min dopo aver inserito i dati richiesti
allows to perform a workout of 5 mins after having set the data required
- 2 **10 min:** permette di fare un allenamento di 10 min dopo aver inserito i dati richiesti
allows to perform a workout of 10 mins after having set the data required
- 3 **20 min:** permette di fare un allenamento di 20 min dopo aver inserito i dati richiesti
allows to perform a workout of 20 mins after having set the data required
- 4 **C.H.R.:** allenamento a frequenza cardiaca costante
constant heartbeat training
- 5 **Fit test:** test per determinare il livello di lavoro ideale
test to define the best effort level
- 6 **Fat burn:** esercizio a massimo consumo di grassi; il livello di sforzo viene controllato in modo automatico dalla macchina
exercise for the maximal fat consumption; the machine controls automatically the effort level

Runner - Fenix



1FX003

| | |
|--------------------------------|--------------------|
| Inclination | 0-15% |
| Speed | 0.3/20 km/h (±0.1) |
| Dimensions (LxWxH) | 215x85x145 cm |
| Machine Weight | 205 kg |
| Treadmill surface (LxW) | 155x52 cm |
| Power Supply | 230 VAC 50 Hz |
| Rated engine power | 3 HP |
| Engine Power (peak) | 5 HP |
| Max. absorbed power | 2300 W |
| Warranty frame | 7 years |



Elliptical - Fenix

1FX004A - self powered

| | |
|----------------------------|------------------------|
| Difficulty level | 1-16 |
| Resistance | max 700 W (at 140 rpm) |
| Dimensions (LxWxH) | 220x75x160 cm |
| Machine Weight | 140 kg |
| Stride length | 52 cm |
| Transmission system | belt |
| Resistance system | electromagnetic |
| Power Supply | self powered |
| Warranty frame | 7 years |



2oubletr ner



Design



Training
Programs



Hand Sensors
and Telemetry



ENERGY
SAVING

Bike - Fenix

1FX001A - self powered

| | |
|----------------------------|------------------------|
| Difficulty level | 1-16 |
| Resistance | max 700 W (at 140 rpm) |
| Dimensions (LxWxH) | 125x60x145 cm |
| Machine Weight | 80 kg |
| Transmission system | belt |
| Resistance system | electromagnetic |
| Power Supply | self powered |
| Warranty frame | 7 years |



Design



Training Programs



Hand Sensors and Telemetry



ENERGY SAVING

Horizontal Bike - Fenix

1FX002A - self powered

| | |
|----------------------------|------------------------|
| Difficulty level | 1-16 |
| Resistance | max 700 W (at 140 rpm) |
| Dimensions | 155x60x135 cm |
| Machine Weight | 85 kg |
| Transmission system | belt |
| Resistance system | electromagnetic |
| Power Supply | self powered |
| Warranty frame | 7 years |



Design



Training Programs



Hand Sensors and Telemetry



ENERGY SAVING



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ITALY

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