

ABDOMINAL CRUNCH /

1FE067



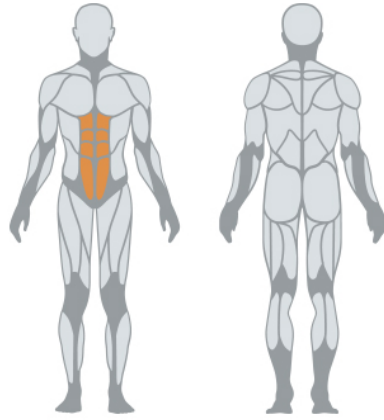
Features

- machine for training abdominals muscles
- magnetic pin to select the load
- weight stack cover in transparent polycarbonate
- illustrative chart

Technical Info

- multijoint biomechanical system
- cam to guarantee natural adaption of the load
- shoulders rest with gas assisted adaptive system

MUSCLES



TECHNICAL SPECIFICATIONS

Width	130 cm
Length	130 cm
Height	160 cm
Weight	180 Kg
Standard Load	50 Kg
Optional Load	80 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.