

ABDOMINAL CRUNCH /

1MTH067



Features

- machine for training abdominals muscles
- magnetic pin to select the load
- weight stack carter in textured abs
- illustrative chart with qr code linked to technical video

Technical Info

- variation of the load with progression of 2,5 kg
- integrated storage
- multijoint biomechanical system
- cam to guarantee natural adaption of the load
- shoulders rest with gas assisted adaptive system
- lateral support handles

MAIN FEATURES

- A INTEGRATED STORAGE
- B SHOULDERS' RESTS WITH GAS ASSISTED ADAPTIVE SYSTEM
- C LATERAL SUPPORT HANDLES
- D VARIATION OF THE LOAD WITH PROGRESSION OF 2,5 kg (optional)
- E MULTIJOINT BIOMECHANICAL SYSTEM
- F CAM TO GUARANTEE NATURAL ADAPTION OF THE LOAD



A



B



C

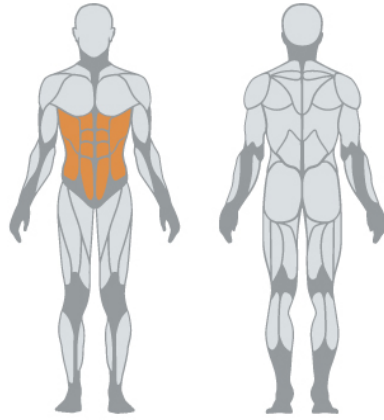


D



E/F

MUSCLES



TECHNICAL SPECIFICATIONS

Width	125 cm
Length	110 cm
Height	170 cm
Weight	215 Kg
Standard Load	50 Kg
Optional Load	80 Kg

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29/10/2022

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.