

# ADDUCTOR/ ABDUCTOR MACHINE / 1MTH093



## Features

- machine for training adductors and abductors
- magnetic pin to select the load
- weight stack carter in textured abs
- illustrative chart with qr code linked to technical video
- customizable privacy display (optional)

## Technical Info

- variation of the load with progression of 2,5 kg
- integrated storage
- dual workout position: 2 different settings to work the abductor and adductor muscles
- backrest with gas assisted incline adjustment
- range of motion: adjustable starting angle

MAIN FEATURES

- A INTEGRATED STORAGE
- B BACKREST WITH GAS ASSISTED INCLINE ADJUSTMENT
- C VARIATION OF THE LOAD WITH PROGRESSION OF 2,5 kg (optional)
- D RANGE OF MOTION: ADJUSTABLE STARTING ANGLE
- E DUAL WORKOUT POSITION: 2 DIFFERENT SETTINGS TO WORK THE ABDUCTOR AND ADDUCTOR MUSCLES
- F CUSTOMIZABLE PRIVACY DISPLAY (optional)



A



B



C



D

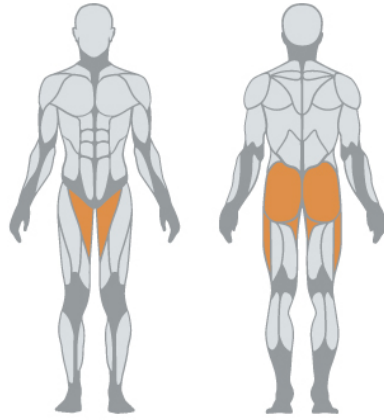


F



E

# MUSCLES



## TECHNICAL SPECIFICATIONS

|               |        |
|---------------|--------|
| Width         | 140 cm |
| Length        | 140 cm |
| Height        | 160 cm |
| Weight        | 315 Kg |
| Standard Load | 80 Kg  |
| Optional Load | 100 Kg |

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.