

# ALTERNATE ARM CURL /

1MTH056



## Features

- machine that performs the functional movement of the biceps
- magnetic pin to select the load
- weight stack carter in textured abs
- illustrative chart with qr code linked to technical video

## Technical Info

- variation of the load with progression of 2,5 kg
- integrated storage
- seat with gas assisted height adjustment
- rotating jointed grip with adaptive system
- independent levers: unilateral or bilateral exercise
- cam to guarantee natural adaption of the load

- MAIN FEATURES**
- A INTEGRATED STORAGE
  - B CAM TO GUARANTEE NATURAL ADAPTION OF THE LOAD
  - C VARIATION OF THE LOAD WITH PROGRESSION OF 2.5 kg (optional)
  - D SEAT WITH GAS ASSISTED HEIGHT ADJUSTMENT
  - E ROTATING JOINTED GRIP WITH ADAPTIVE SYSTEM
  - F INDEPENDENT LEVERS: UNILATERAL OR BILATERAL EXERCISE



A



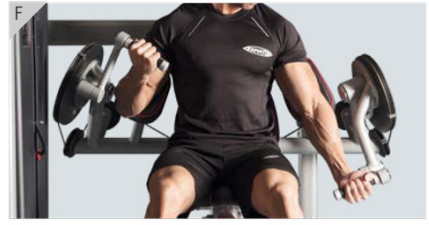
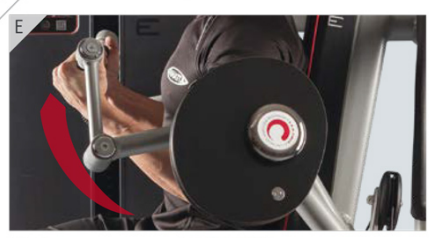
B



C



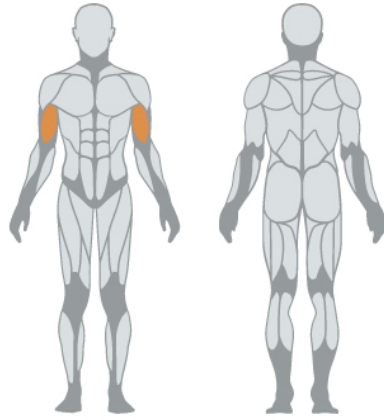
D



E

F

# MUSCLES



## TECHNICAL SPECIFICATIONS

Width	140 cm
Length	110 cm
Height	160 cm
Weight	230 Kg
Standard Load	50 Kg
Optional Load	80 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.