



Worldwide Fitness Company

# PERSONAL TRAINING CENTERS

proposals  
40 – 80 – 120 m<sup>2</sup>

DESIGN  
& MADE  
INITALY



Worldwide Fitness Company

# PERSONAL TRAINING CENTERS

proposals  
40 – 80 – 120 m<sup>2</sup>





Worldwide Fitness Company

# PANATTA Personal Training Centers Proposal

**IT** Se da tempo stai pensando di aprire un PT Studio o di allestire un'area personal all'interno del tuo Club, Panatta ha la soluzione giusta per te! Abbiamo identificato delle proposte per centri personal che si differenziano per metrature, tipologia di training ed investimento. Panatta ti darà l'opportunità di distinguerti e differenziarti con attrezzature di altissima biomeccanica, Made in Italy e dal design unico. Grazie all'ottimo rapporto qualità/prezzo avrai anche un vantaggio economico nella gestione del tuo centro.

**EN** If you have been thinking about your PT studio for a long time or if you want to open a personal fitness area inside your Gym, Panatta is the best choice! We have identified many options that are different in sqm, type of training and investment. You will stand-out with Panatta! The highest Biomechanics, Made in Italy and unique design. The excellent value for money will allow you to save resources and to better manage your fitness centre.

**ES** Si están buscando su Estudio de entrenador personal desde hace tiempo o si están pensando en equipar un área dentro de su gimnasio, Panatta tiene la solución ideal! Hemos identificado dos propuestas para los estudios personal que se diferencian por metros cuadrados, tipo de entrenamiento e inversión. Con Panatta podrán diferenciarse con equipos de altísimo nivel biomecánico, Made in Italy y de diseño único. La excelente calidad/precio les permitirá tener una ventaja económica en la gestión del centro.

**FR** Vous pensez ouvrir un studio de personal training ou à créer un espace d'entraînement individuel dans votre club. Panatta vous donne la solution idéale! Nous avons différentes propositions de centres personnels selon la surface, le type d'entraînement souhaité, ou encore selon votre investissement financier. Panatta vous donnera l'opportunité de vous différencier de vos concurrents grâce à nos équipements et à leur biomécanique excellente, Made in Italy au design unique. Grâce à l'excellent rapport qualité/prix de nos produits, vous aurez également un gain économique dans la gestion de votre centre.



**PANATTA**

Worldwide Fitness Company

**40m<sup>2</sup>**

IT Abbiamo selezionato il mix migliore di attrezzature per proporsi diverse tipologie di training, massime performance ed ottimizzazione degli spazi.

EN We have selected a unique mix of equipment for different types of training, best performances and space-saving.

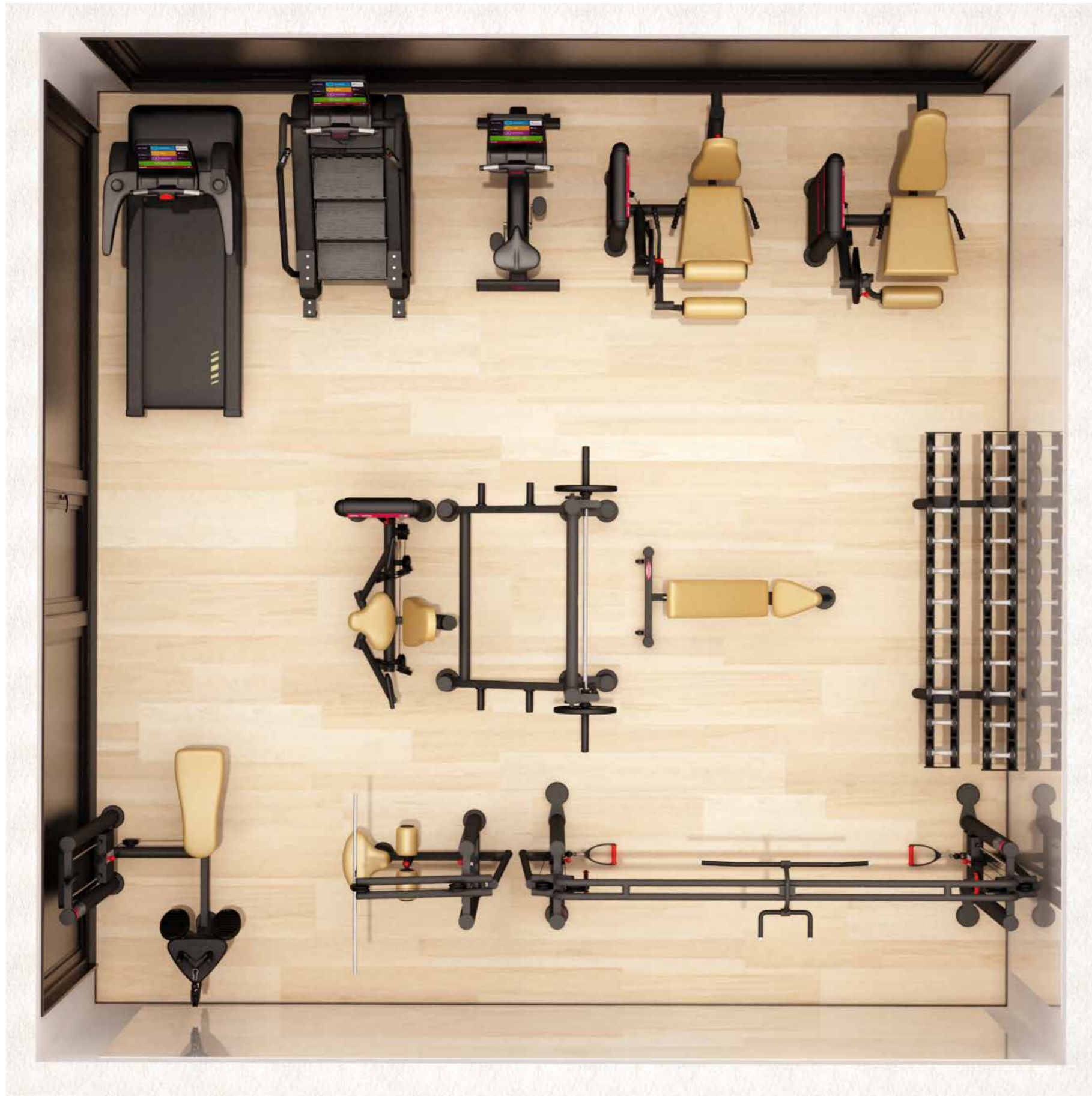
ES Hemos seleccionado un conjunto único de máquinas para todo tipo de entrenamiento, máximos rendimientos y ahorro de espacios.

FR Nous avons choisi les meilleurs équipements pour offrir différents types d'entraînements pour des performances maximales et une optimisation de l'espace.



DESIGN  
& MADE  
IN ITALY

## CARDIO - STRENGTH / 1



### Cardio Fitness

#### Fenix Touch

Bike	1FTX001
Runner	1FXT003
Climber	1FXT006

### Strength

#### Sec

Lat Pulldown	1SC001
Pulley Row	1SC003
Vertical Chest Press Convergent	1SC034
Leg Extension	1SC081
Seated Leg Curling	1SC083
Cable Crossover	1SC111
Smith Machine Linear Bearings	1SC113A
Fully Adjustable Bench	1SC201
Dumbbell Rack	1SC248

#### Accessories

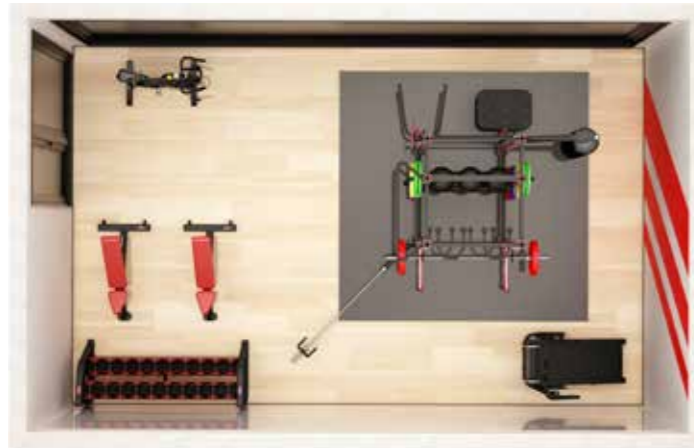
Set of Dumbbells and Plates
-----------------------------



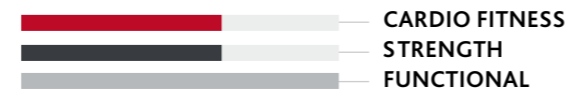
CARDIO FITNESS  
STRENGTH



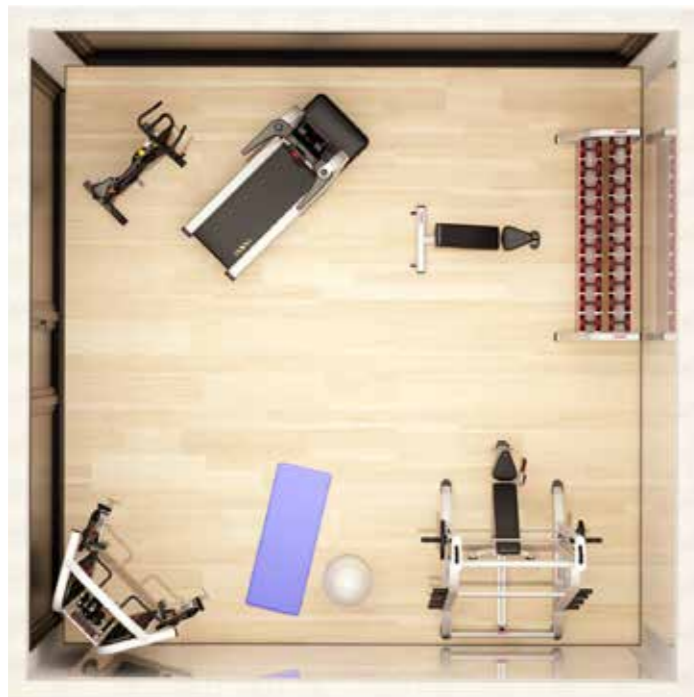
## FUNCTIONAL & ENERGY FREE



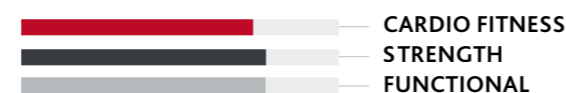
<b>Cardio Fitness</b>	
Race Walker	1CF60
Star Bike Evolution	1CF10E
<b>Strength</b>	
<b>Fit Evo</b>	
Fully Adjustable Bench (n.2)	1FE201
Dumbbell Rack	1FE250
<b>Accessories</b>	
Set of Dumbbells and Bars	
<b>Functional</b>	
Cage Block 136 Edge	1DFC2
Functional Accessories	



## CARDIO - STRENGTH - FUNCTIONAL



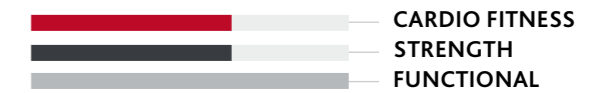
<b>Cardio Fitness</b>	
<b>Fenix Led Plus</b>	
Runner	1FX103
Star Bike Evolution	1CF10E
<b>Strength</b>	
<b>Fit Evo</b>	
Fully Adjustable Bench	1FE201
Dumbbell Rack	1FE250
<b>Free Weight</b>	
Smith Machine Counterbalanced Full	1HP120F
<b>Accessories</b>	
Set of Plates and Dumbbells	
<b>Functional</b>	
Dual Adjustable Pulley Full	1FE123
Functional Accessories	



## FUNCTIONAL CORNER



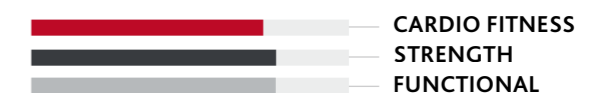
<b>Cardio Fitness</b>	
Race Walker	1CF60
Star Bike Evolution	1CF10E
<b>Strength</b>	
<b>Fit Evo</b>	
Fully Adjustable Bench (n.2)	1FE201
Dumbbell Rack	1FE250
<b>Accessories</b>	
Set of Bars Plates and Dumbbells	
<b>Functional</b>	
Cage Block Wall Mounted (n.2)	1DFC4
Functional Accessories	



## TOP CARDIO & FUNCTIONAL



<b>Cardio Fitness</b>	
<b>Fenix Led Plus</b>	
Runner	1FX103
Elliptical	1FX104A
<b>Strength</b>	
<b>Fit Evo</b>	
Dumbbell Rack	1FE250
<b>Free Weight</b>	
Half Rack Full	1HP234
<b>Accessories</b>	
Set of Dumbbells, Barbells and Plates	
<b>Functional</b>	
Inside	1IN101
Functional Accessories	



## CARDIO - STRENGTH / 2



### Cardio Fitness

<b>Fenix Led Plus</b>	
Bike	1FX101A
Runner	1FX103
Step	1FX105

### Strength

<b>Sec</b>	
Lat Pulldown	1SC001
Pulley Row	1SC003
Vertical Chest Press Convergent	1SC034
Leg Extension	1SC081
Horizontal Leg Press	1SC085
Cable Crossover	1SC111
Smith Machine Linear Bearings	1SC113A
Fully Adjustable Bench	1SC201
Dumbbell Rack	1SC248

### Accessories

Set of Dumbbells and Plates



## CARDIO - STRENGTH / 3



### Cardio Fitness

<b>Fenix Led Plus</b>	
Bike	1FX101A
Runner	1FX103
Step	1FX105

### Strength

<b>Sec</b>	
Lat Pulldown	1SC001
Pulley Row	1SC003
Leg Extension	1SC081
Horizontal Leg Press	1SC085
Cable Crossover	1SC111
Smith Machine Linear Bearings	1SC113A
Fully Adjustable Bench	1SC201
Dumbbell Rack	1SC248

### Accessories

Set of Dumbbells and Plates



## CARDIO - STRENGTH / 4



### Cardio Fitness

<b>Fenix Led Plus</b>	
Bike	1FX101A
Runner	1FX103
Step	1FX105

### Strength

<b>Sec</b>	
Lat Pulldown	1SC001
Pulley Row	1SC003
Vertical Chest Press Convergent	1SC034
Leg Extension	1SC081
Seated Leg Curling	1SC083
Horizontal Leg Press	1SC085
Cable Crossover	1SC111
Smith Machine Linear Bearings	1SC113A
Fully Adjustable Bench	1SC201
Dumbbell Rack	1SC248

### Accessories

Set of Dumbbells and Plates



## CARDIO - STRENGTH / 5



### Cardio Fitness

<b>Fenix Led Plus</b>	
Bike	1FX101A
Runner	1FX103
Step	1FX105

### Strength

<b>Sec</b>	
Lat Pulldown	1SC001
Rowing Machine	1SC004
Vertical Chest Press Convergent	1SC034
Leg Extension	1SC081
Seated Leg Curling	1SC083
Horizontal Leg Press	1SC085
Cable Crossover	1SC111
Smith Machine Linear Bearings	1SC113A
Fully Adjustable Bench	1SC201
Dumbbell Rack	1SC248

### Accessories

Set of Dumbbells and Plates





Worldwide Fitness Company

80m<sup>2</sup>

IT Soluzione di spazio intermedia per proporre training diversificati e completi per tutte le tipologie di utenti.

EN An intermediate solution to offer different workout plans that could suit the needs of each group of users.

ES Una solución intermedia para ofrecer distintos planes de entrenamiento y un servicio completo para cada tipología de usuario.

FR Solution pour un espace moyen afin de proposer un entraînement complet et diversifié pour tous les types d'utilisateurs.

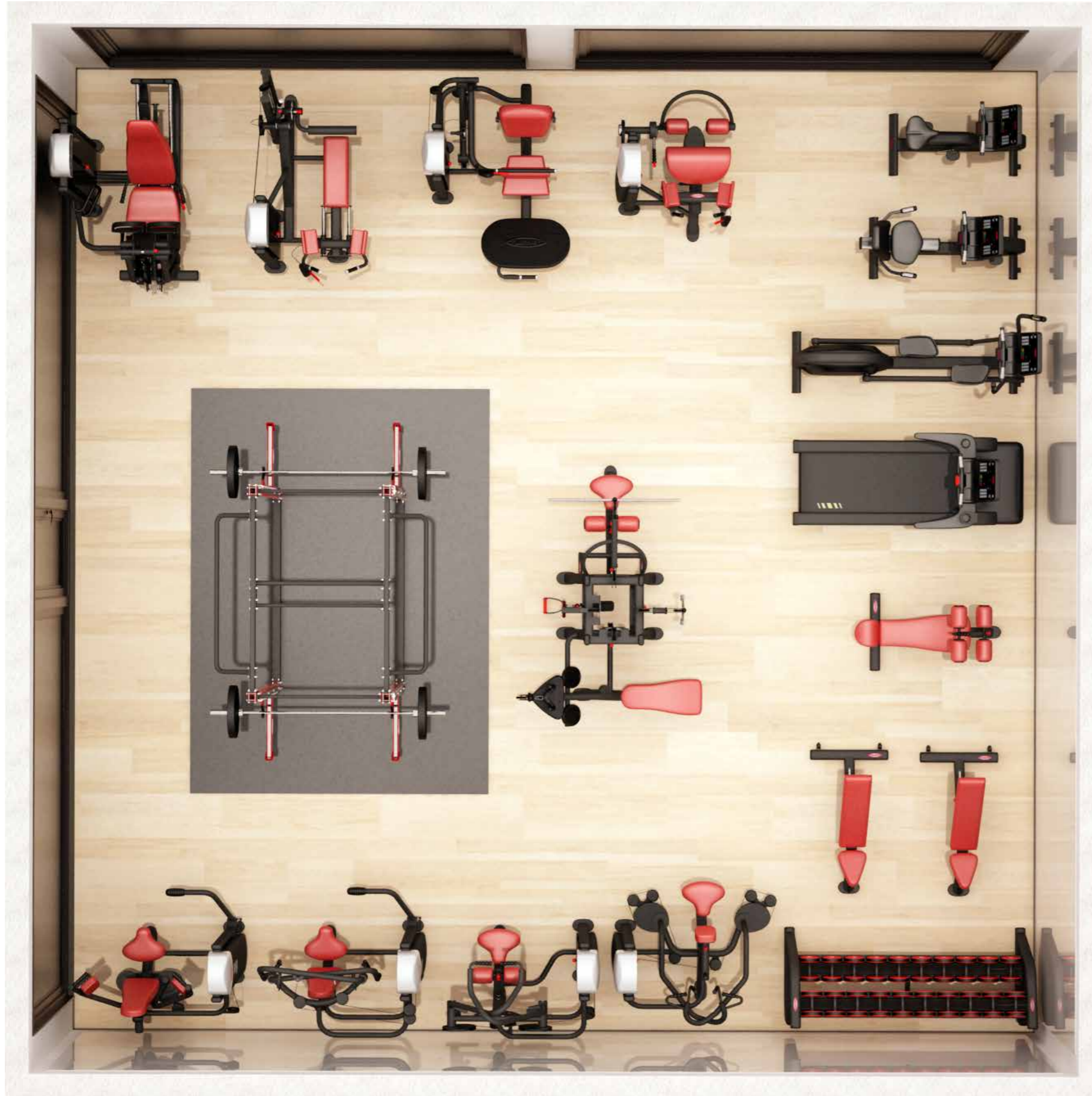


DESIGN  
& MADE  
INITALY



## CARDIO - STRENGTH - FUNCTIONAL

### Special Focus Glutes



#### Cardio Fitness

##### Fenix Led Plus

Runner	1FX103
Horizontal bike	1FX102A
Bike	1FX101A
Elliptical	1FX104A

#### Strength

##### Fit Evo

Lat Pulldown Circular	1FE002
Rowing Machine Circular	1FE004
Vertical Chest Press Circular	1FE033
Pectoral Machine	1FE035
Horizontal Leg Press	1FE085
Glutes Machine	1FE088
Master Gluteus	1FE094
Hip Thrust	1FE097
Jungle Machine	1FE115
Fully Adjustable Bench (n. 2)	1FE201
Adjustable Crunch Board	1FE210
Dumbbell Rack	1FE250

#### Accessories

Set of Dumbbells and Bars

#### Functional

Cage Block 184 Rig	1DFC3
Functional Accessories	



CARDIO FITNESS  
STRENGTH  
FUNCTIONAL

# CARDIO - STRENGTH - FUNCTIONAL

## Top Range



### Cardio Fitness

#### Fenix Touch

Bike	1FXT001
Horizontal bike	1FXT002
Runner	1FXT003
Elliptical	1FXT004
Step	1FXT005

### Strength

#### Monolith

Vertical Chest Press	1MTH033
Pectoral Machine	1MTH035
Leg Extension	1MTH081
Seated Leg Curling	1MTH083
Adjustable Horizontal Leg Press	1MTH085
Jungle Machine	1MTH115
Cable Station with Bar	1MTH116

#### Fit Evo

Master Gluteus	1FE094
Fully Adjustable Bench (n.2)	1FE201
Adjustable Crunch Board	1FE210
Olympic Flat Bench	1FE203
Dumbbell Rack	1FE250
Curl Rack	1FE209

#### Free Weight

Half Rack Full	1HP234
----------------	--------

#### Accessories

Set of Dumbbells and Bars	
---------------------------	--



CARDIO FITNESS  
STRENGTH

## CARDIO - STRENGTH - FUNCTIONAL

### Special Focus Cross-Functional



#### Cardio Fitness

##### Fenix Led Plus

Bike	1FX101A
Runner	1FX103
Elliptical	1FX104A
Climber	1FX106

#### Strength

##### Sec

Vertical Chest Press	1SC034
Upper Abdominal Machine	1SC065
Leg Extension	1SC081
Seated Leg Curling	1SC083
Horizontal Leg Press	1SC085
Smith Machine Linear Bearings	1SC113A
Jungle Machine	1SC115
Adjustable Crunch Board	1SC210
Fully Adjustable Bench	1SC201
Dumbbell Rack	1SC248

#### Accessories

Set of Dumbbells, Barbells and Bars

#### Functional

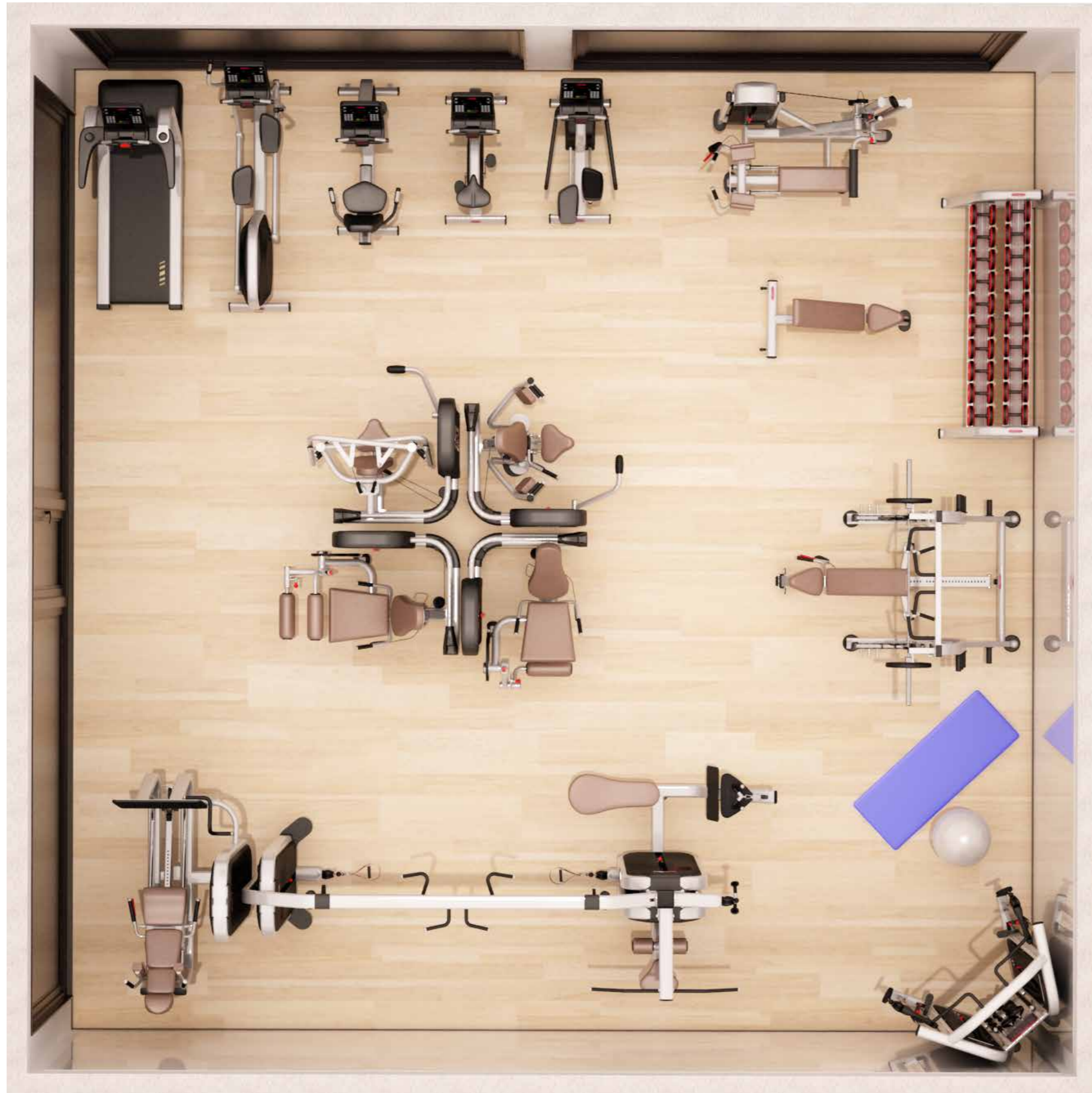
Cage Block Wall Mounted (n.3)	1DFC4
Functional Accessories	



CARDIO FITNESS  
STRENGTH  
FUNCTIONAL

# CARDIO - STRENGTH - FUNCTIONAL

## Top Range



### Cardio Fitness

#### Fenix Led Plus

Runner	1FX103
Horizontal bike	1FX102A
Bike	1FX101A
Elliptical	1FX104A
Climber	1FX106

### Strength

#### Monolith

Pectoral Machine	1MTH035
Adjustable Horizontal Leg Press	1MTH085
Vertical Chest Press	1MTH033
Leg Extension	1MTH081
Seated Leg Curling	1MTH083
Jungle Machine	1MTH115
Cable Station with Bar	1MTH116

#### Fit Evo

Master Gluteus	1FE094
Fully Adjustable Bench	1FE201
Dumbbell Rack	1FE250

#### Free Weight

Half Rack Full	1HP234
----------------	--------

#### Accessories

Set of Dumbbells, Barbells and Bars

### Functional

Dual Adjustable Pulley Full	1FE123
Functional Accessories	



CARDIO FITNESS  
STRENGTH  
FUNCTIONAL

**PANATTA**

Worldwide Fitness Company

**120 m<sup>2</sup>**

IT Dimensione ideale per un Centro Personal, che permetterà di lavorare in piena autonomia sfruttando al massimo la comodità degli spazi e l'ampia gamma di macchinari firmati Panatta.

EN An ideal dimension for every Personal Studio, enabling the trainers to work in complete independence to maximize the convenience of spaces and the wide range of Panatta machines.

ES Una dimension ideal para cada Estudio Personal, que les permitirá de trabajar en completa autonomía para maximizar el espacio y aprovechar de la amplia gama de equipos Panatta.

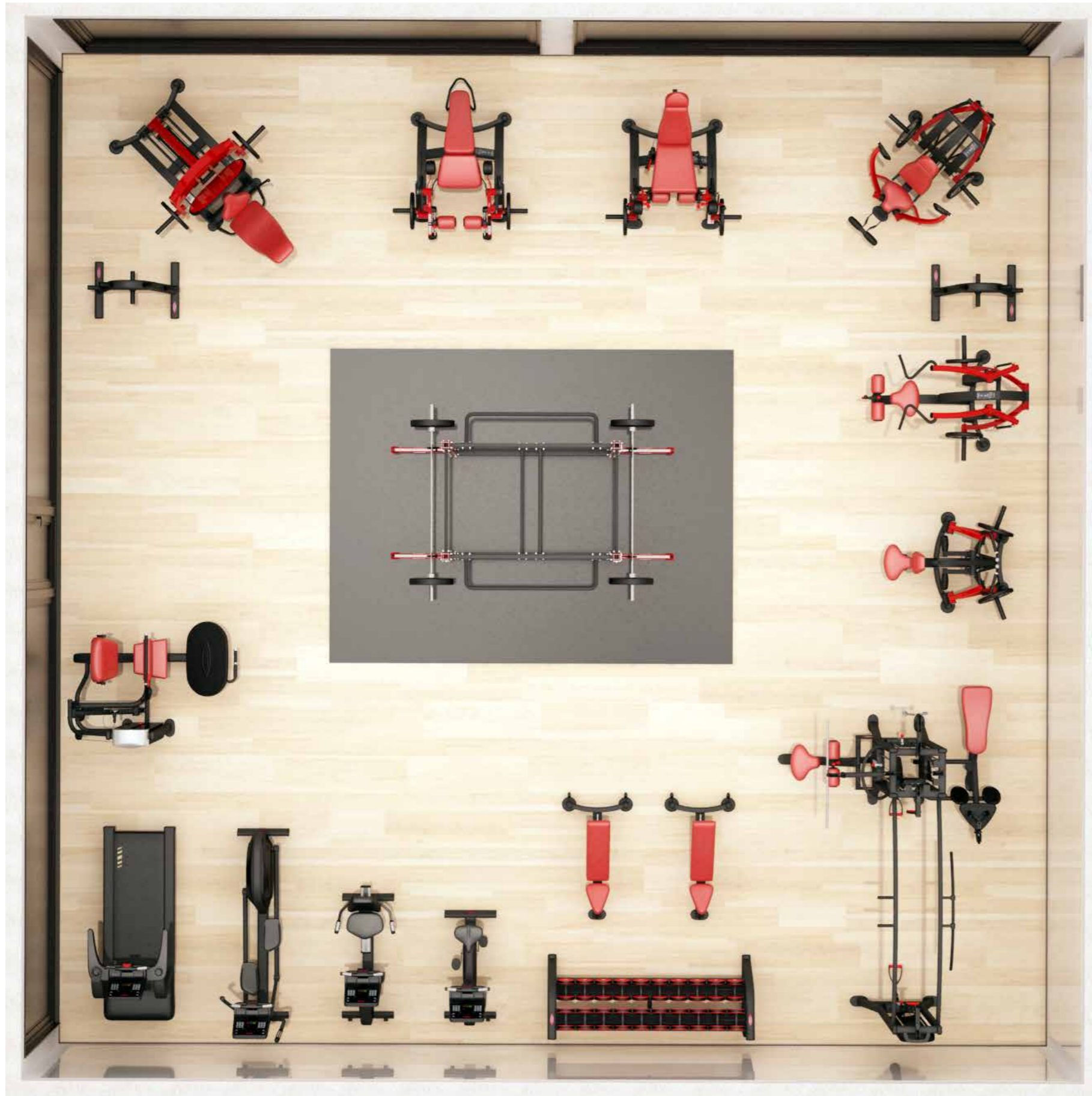
FR Dimension idéale pour un Centre Personnel, qui vous permettra de travailler en toute autonomie, en profitant du confort des espaces et de la vaste gamme de machines Panatta.



DESIGN  
& MADE  
IN ITALY

## CARDIO - STRENGTH - FUNCTIONAL

Special Free Weight High Performance



### Cardio Fitness

#### Fenix led plus

Bike	1FX101A
Horizontal bike	1FX102A
Runner	1FX103
Elliptical	1FX104A

### Strength

#### Fit Evo

Hip Thrust	1FE097
Jungle Machine	1FE115
Cable Station with Bar	1FE116
Dumbbell Rack	1FE250
Disc Rack (n. 2)	1FE252

#### Free Weight

Lat Machine Convergent	1HP501
Rowing Machine	1HP508
Vertical Chest Press	1HP536
Leg Extension	1HP581
Leg Curling	1HP582
Leg Press Bridge	1HP583
Fully Adjustable Bench (n. 2)	1HP201

#### Accessories

Barbells	
Set of Dumbbells and Plates	

### Functional

Cage Block 184 Rig	1DFC3
Functional Accessories	



CARDIO FITNESS  
STRENGTH  
FUNCTIONAL

# CARDIO - STRENGTH - FUNCTIONAL

## Premium Circuit



### Cardio Fitness

#### Fenix Touch

Bike	1FXT001
Horizontal bike	1FXT002
Runner	1FXT003
Elliptical	1FXT004
Climber	1FXT006

### Strength

#### Monolith

Deltoid Press Circular	1MTH024
Vertical Chest Press Circular	1MTH033
Alternate Arm Curl	1MTH056
Alternate Arm Extension	1MTH057
Leg Extension	1MTH081
Adjustable Horizontal Leg Press	1MTH085
Seated Leg Curling	1MTH083
Adductor/Abductor Machine	1MTH093
Abdominal Crunch	1MTH067
Jungle Machine	1MTH115
Cable Station with Bar	1MTH116

#### Fit Evo

Dumbbell Rack	1FE250
---------------	--------

#### Free Weight

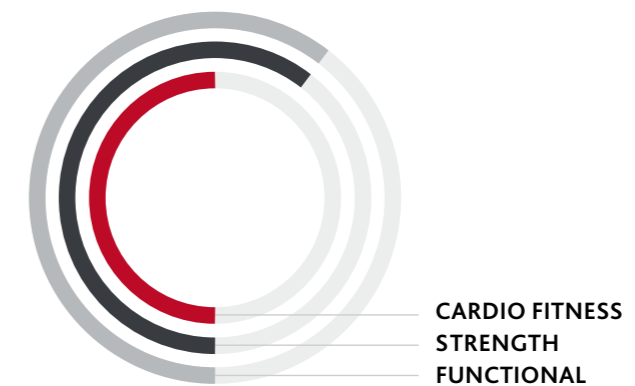
Smith Machine Counterbalanced Full	1HP120F
Fully Adjustable Bench	1HP201

#### Accessories

Set of Dumbbells and Plates	
-----------------------------	--

### Functional

Inside (n. 3)	1IN101
Inside - Pull Bench	1IN201
Inside - Pull Bench	1IN202
Inside - Step	1IN203
Inside Rack	1IN301



## CARDIO - STRENGTH Circuit



### Cardio Fitness

#### Fenix Led Plus

Bike	1FX101A
Horizontal bike	1FX102A
Runner	1FX103
Elliptical	1FX104A
Climber	1FX106

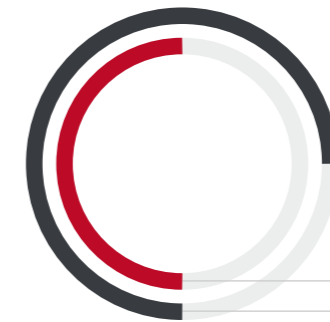
### Strength

#### Sec

Rowing Machine	1SC004
Vertical Chest Press Convergent	1SC034
Inclined Chest Press Convergent	1SC037
Curling Machine	1SC051
Triceps Machine	1SC053
Upper Abdominal Machine	1SC065
Leg Extension	1SC081
Leg Curling	1SC082
Horizontal Leg Press	1SC085
Abductor Machine	1SC086
Adductor Machine	1SC087
Multi Hip	1SC090
Smith Machine Linear Bearings	1SC113A
Jungle Machine	1SC115
Cable Station with Bar	1SC116
Fully Adjustable Bench	1SC201
Adjustable Crunch Board	1SC210
Iperextension 45° Bench	1SC221
Dumbbell Rack	1SC248

#### Accessories

Set of Dumbbells and Plates



CARDIO FITNESS  
STRENGTH







[www.panattasport.com](http://www.panattasport.com)

**ITALY**

Panatta Srl  
Via Madonna della Fonte 3/C  
62021 Apiro (MC) Italy  
Tel. +39 0733 611824  
Fax +39 0733 611777  
info@panattasport.it

**FRANCE**

Panatta France S.A.R.L.  
30 Rue de l'Industrie  
92563 Rueil-Malmaison  
Tél. +33 (0) 1 41 39 00 40  
Fax +33 (0) 1 41 29 17 16  
infofr@panattasport.it



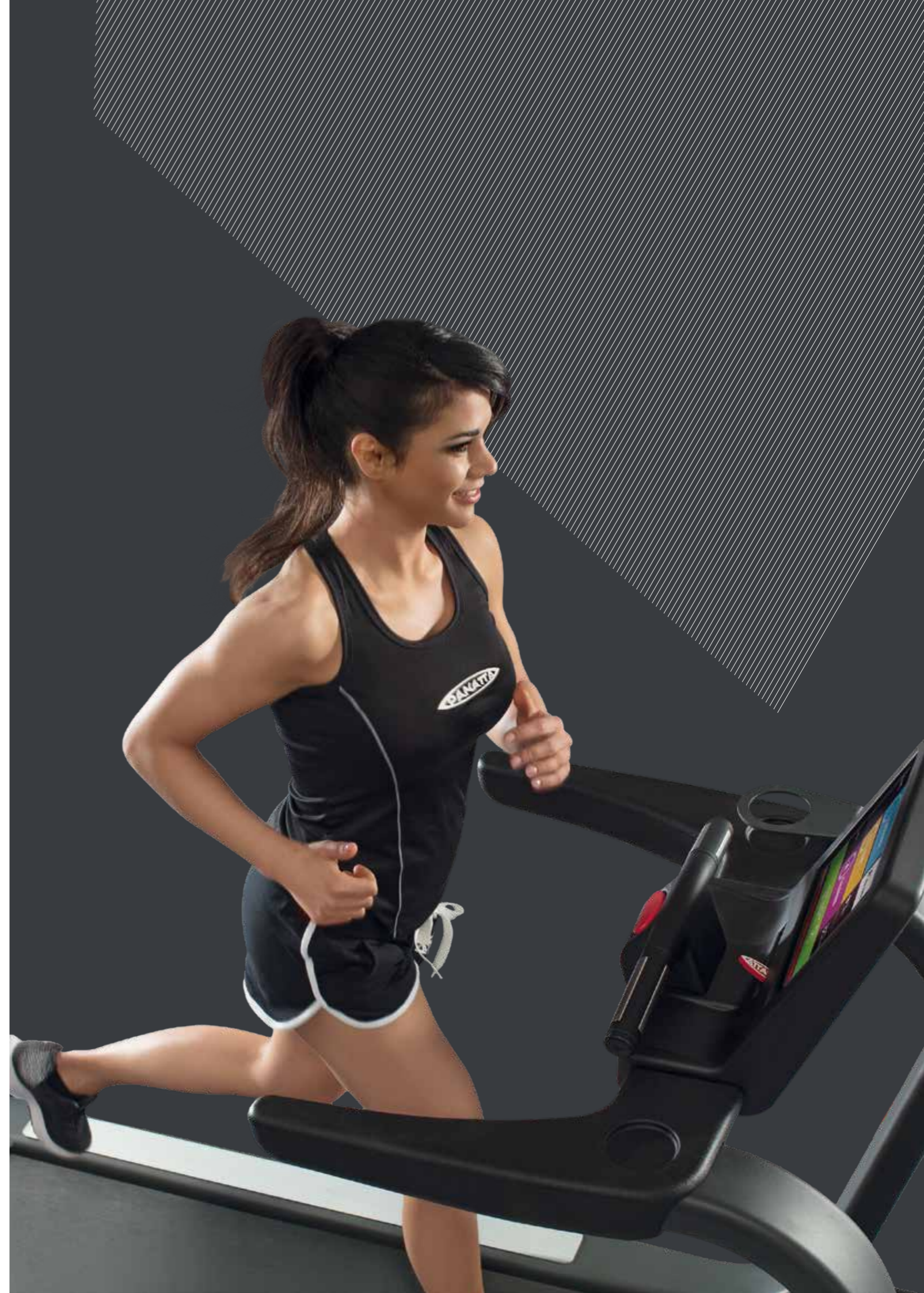
SHARE

[www.panattasport.com](http://www.panattasport.com)

@panattasport

@panattaofficial

PanattaSportSrl



Panatta® reserves the right to modify its products and documentation at any time without prior notice. All Panatta® brand and patents are owned by Panatta s.r.l. in Italy and abroad. Panatta 2019 © Copyright.  
Panatta® si riserva il diritto di modificare i prodotti e la documentazione senza obbligo di preavviso. I marchi ed i brevetti Panatta® sono di proprietà della Panatta s.r.l. in Italia e all'estero. © Copyright Panatta 2019.

The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.

DPPT.3000.IT.EN.FR.ES.19

graphic design: tonidigigio.it



[www.panattasport.com](http://www.panattasport.com)