

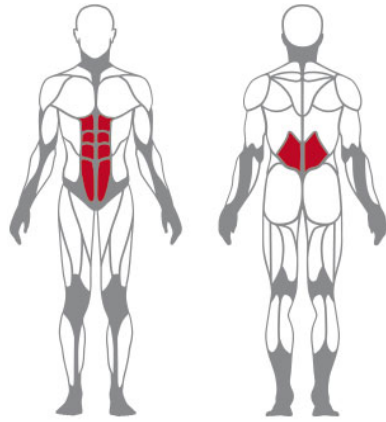


Worldwide Fitness Company

# AB CRUNCH BENCH / 1SC218



## MUSCLES



## TECHNICAL SPECIFICATIONS

Width	110 cm
Length	145 cm
Height	105 cm
Weight	115 Kg

## TRAINING



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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.