

ALTERNATE TRICEPS MACHINE / 1FW052



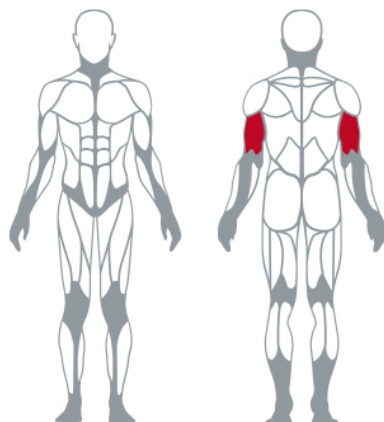
The Alternate Triceps Machine is aimed at isolating the triceps muscle. It stands out for:

- seat with gas-assisted height adjustment;
- independent levers for mono lateral or bilateral exercise;
- physiological load curve with levers system;
- gas-assisted adjustable backing backrest;
- jointed handles
- central support handle to stabilize the body during single-sided execution.

Optional

- 5 additional weight holders

MUSCLES



TECHNICAL SPECIFICATIONS

Width	140 cm
Length	165 cm
Height	140 cm
Weight	220 Kg
Max. Weight	220 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.