

POWER RUNNER / 1FW098



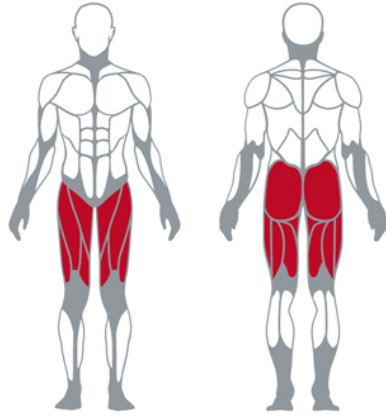
The Power Runner is ideal for the full training of the whole thrust muscles chain of the lower limb, with both feet, single foot or alternated feet. It stands out for:

- starting system with gas assisted thrust padding;
- multiple handgrip for a normal arbitrary hold;
- independent levers for mono-lateral or bilateral performance;
- physiological load curve with levers system;
- articulated platform for a physiological position of the ankle with sleep-proof system;
- central support platform with double position and slip-proof system.

Optional:

- 6 additional weight holders

MUSCLES



TECHNICAL SPECIFICATIONS

Width	150 cm
Length	235 cm
Height	170 cm
Weight	260 Kg
Max. Weight	310 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.