

PULLOVER MACHINE /

1FW139



The Pullover Machine reproduces the traditional multifunctional exercise performed with barbells and dumbbells with full range of motion, creating a synergy in the activation of Pectoralis major and Latissimus Dorsi. It stands out for:

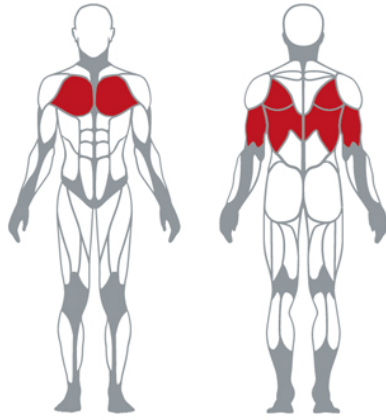
- gas assisted seat with height adjustment;
- gas assisted back seat with depth adjustment;
- full rom up to 240° of shoulder extension;
- levers system with additional cam to ensure a natural adaptation of the load;
- multigrip handle for tight hold (without elbows support on paddings) or medium large (with elbows support)

- counterweight to reset the empty weight of the exercise lever;
- locking belt for better stability of the torso;

Optional:

- 6 additional weight holders;

MUSCLES



TECHNICAL SPECIFICATIONS

Width	150 cm
Length	180 cm
Height	165 cm
Weight	230 Kg
Max. Weight	135 Kg

TRAINING



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3/11/2022

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.