

# STANDING ABDUCTOR /

1FW099



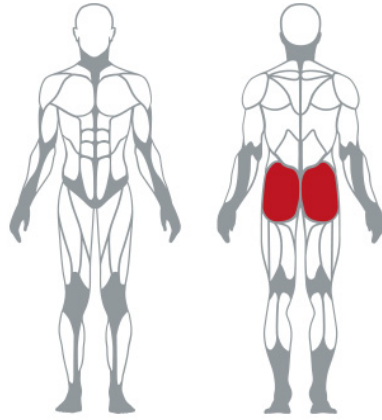
The Standing Abductor is ideal for training the abductor muscles of the hip and buttocks. Main features:

- physiological load curve with cam connected to the levers;
- possibility of mono-articular (hip abduction only) or multi-articular (hip abduction and pelvic extension) exercise;
- frontal support handles.

## **Optional:**

- 6 additional weight holders.

# MUSCLES



## TECHNICAL SPECIFICATIONS

Width	150 cm
Length	190 cm
Height	165 cm
Weight	225 Kg
Max. Weight	220 Kg
Empty load	5 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.