

SUPER FRENCH PRESS MACHINE / 1FW053



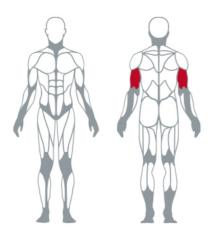
The French Press Machine is specific for the training of the triceps muscles, with special activation of the long head. It stands out for:

- · seat with gas-assisted height adjustment;
- · physiological load curve with levers system;
- rotating handle with multiple handgrips for tight or wide grip;
- spring counterbalance to reset the empty weight of the exercise lever;
- · lever for physiological starting system.

Optional

- · footrest with slip-proof system;
- · 6 additional weight holders.

MUSCLES



TECHNICAL SPECIFICATIONS

| Width | 135 cm |
|-------------|--------|
| Length | 195 cm |
| Height | 165 cm |
| Weight | 200 Kg |
| Max. Weight | 220 Kg |

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The accessories (dumbells, discs and barbells) are always placed as decorum therefore not included in the machine.