

SUPER LAT MACHINE CONVERGENT / 1FW001



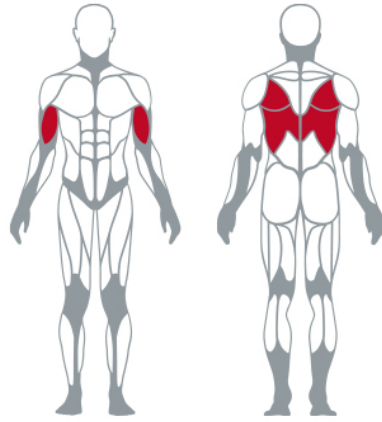
The Super Lat Machine Convergent has a trajectory of movement that makes it ideal for a specific and complete training of the lateral muscles of the back such as the Latissimus Dorsi and the Teres major muscles. It shows the following features :

- height-adjustable and gas assisted seat and knee-stop rollers;
- independent levers for bilateral or mono-lateral exercise;
- physiological load curve with levers system;
- multiple handles for prone, semi-prone or semi-supine grips;
- central fixed handle to stabilize the body during the performance.

Optional

- footrest with a slip-proof system;
- 6 additional weight holders.

MUSCLES



TECHNICAL SPECIFICATIONS

Width	150 cm
Length	210 cm
Height	190 cm
Weight	300 Kg
Max. Weight	270 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.