

SUPER POWER ROW

1FW102



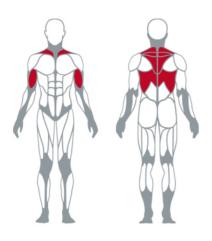
The Super Power Row is specific for training the central part of the back, especially for the development of muscle thickness in this body area. It stands out for:

- · seat with gas-assisted height adjustment;
- independent levers for mono-lateral or bilateral exercise;
- · physiological load curve with levers system;
- standard rotating handgrips for a more neutral grip that can vary also during the movement;
- · levers for physiological starting movement;
- central fixed handle to stabilize the body during the mono lateral exercise.

Optional

• 6 additional weight holders.

MUSCLES



TECHNICAL SPECIFICATIONS

Width	150 cm
Length	155 cm
Height	190 cm
Weight	220 Kg
Max. Weight	270 Kg

PANATTA srl 3/11/2022

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The accessories (dumbells, discs and barbells) are always placed as decorum therefore not included in the machine.