

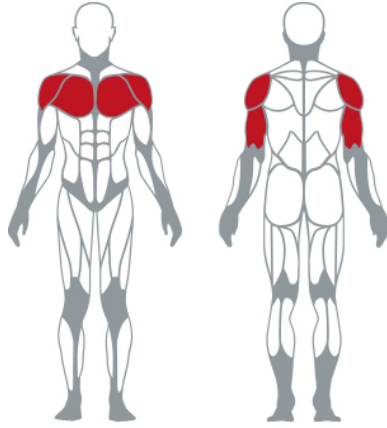
DIPS PRESS / 1MTH138



The Dips Press is specific for the development of the triceps, with the involvement of the pectorals and rear deltoids. It stands for:

- gas assisted knee-stop rollers with height adjustment;
- physiological load curve;
- width of the handgrips adjustable in 3 positions.

MUSCLES



TECHNICAL SPECIFICATIONS

Width	125 cm
Length	175 cm
Height	160 cm
Weight	320 Kg
Standard Load	80 Kg
Optional Load	120 Kg

TRAINING



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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.