

# ALTERNATE LEG CURLING

/ 1HP582



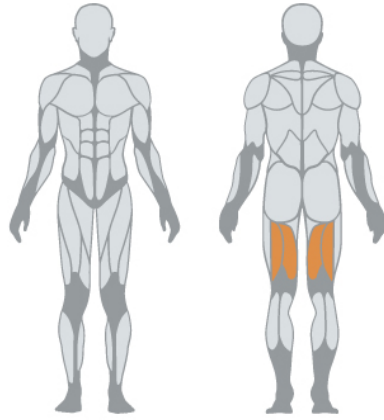
## Features

- illustrative chart with qr code linked to technical video

## Technical Info

- adjustable rolls
- physiological load curve with pantograph progressive system
- counterbalanced
- independent levers: unilateral or bilateral exercise

## MUSCLES



## TECHNICAL SPECIFICATIONS

Width	150 cm
Length	180 cm
Height	80 cm
Weight	150 Kg
Max. Weight	220 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.