

# DIPS PRESS / 1FW140



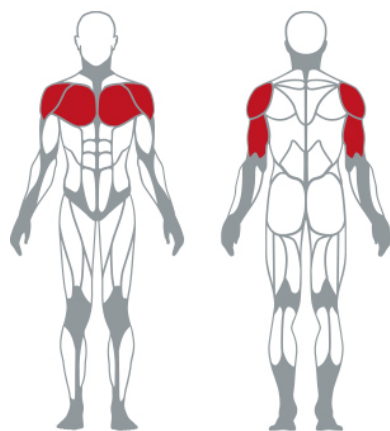
The Dips Press is specific to the development of the triceps muscles, involving the pectorals and anterior deltoids. Main features:

- gas-assisted height-adjustable rollers
- handles adjustable to 3 different widths.

## **Optional:**

- 4 additional weight holders.

## MUSCLES



## TECHNICAL SPECIFICATIONS

|             |        |
|-------------|--------|
| Width       | 145 cm |
| Length      | 165 cm |
| Height      | 100 cm |
| Weight      | 155 Kg |
| Max. Weight | 310 Kg |
| Empty load  | /      |

## TRAINING



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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.